

## Personal items to remember

- sleeping bag
- pillow case
- bath towel
- toiletries
- toilet paper
- medications
- flashlight
- rain gear
- first aid kit
- sunscreen
- insect repellent
- dish cloths and towel
- small dish soap
- garbage bags
- paper towel
- groceries
- matches
- camera
- fillet knife
- portable depth finder
- fishing gear
- cpap machine

## Tips to help pack light

- Pack in smaller duffel bags rather than one large one or hard suitcases with rollers. It is easier to load and utilize the space in the aircraft. Hard suitcases can weigh 5-10# each when empty.
- Pack all groceries and supplies in small sturdy card boxes (16"Lx12"Wx12"H) are the best size or smaller lightweight coolers (NOT Yeti type coolers as they are excessively heavy and bulky, plus we do not fly them) to help conserve on space and weight. Condense your gear as much as possible and try to pack boxes with all light or heavy items together so weight can be situated on the plane best.
- Combine or share items with your group (examples: insect repellent, sunscreen, flashlights, etc.)
- Combine and share tackle with your fishing partner (example: combine rods in one rod tube, extra reels, depth finders)
- Frozen vegetables weigh less than canned vegetables, juice or drink packs vs glass or canned
- Do not over pack on clothing, check the weather for Fort Frances before you depart for the trip and pack accordingly (remember your trip is only 3-7 days)