

# Gateway North Outfitters

[www.gatewaynorthoutfitters.com](http://www.gatewaynorthoutfitters.com)

For some of you meal planning is all part of the trip, but for some it is just more hassle. For those of you who don't want the hassle we do offer the option of our food pack. The food pack is offered for \$40/person/day and will not count against your weight limit. Below is an example of what we might send in for a group of two for a week trip. We will adjust your food pack to your group size and length of stay. We reserve the right to substitute if needed. Please note if your trip is less than 7 days, you will not get all the meals on the list below. Minor alterations may be allowed, only if items are available or at an additional cost. If you have a special diet, please bring your own groceries.

## Food Pack

1 1/2 dozen eggs	sugar	1 box cereal or
1/2 gallon milk	fish breading	oatmeal
3# bacon or breakfast sausage	tarter sauce (250ml) rice pancake mix	parmesan cheese peanut butter jelly
1# ground beef frozen burgers	(1kg) pancake syrup (375ml)	toilet paper paper towels
2-12oz steaks	lemon juice (250ml)	dish soap
2 pork chops	ketchup(500ml)	garbage bags
4 bratwursts	mustard (250ml)	mosquito coils
2 ham steaks	potatoes	tin foil
2 chicken breasts	cooking onions	coffee filters
margarine (1lb)	spaghetti noodles	garbage bags
1 loaves white bread	spaghetti sauce	
bratwurst buns	coffee	
hamburger buns	salt & pepper	
apples, bananas	1 gal cooking oil	
cheese slices	7 cans vegetables	
frozen oj		
baked beans		